

SHALFORD TENNIS CLUB



- Shalford is a fun and friendly club for all ages and abilities
- The club has **free, turn up and play courts** (3, 2 floodlit) for all members
- **Social Tennis:** The club has playing times for all (men's, women's, mixed, junior and family) with BBQ's at club time in the summer months
- **Tournaments** for each section are also held throughout the year and teams for all sections represent the club in local leagues
- **Junior Coaching:** Courses held during term time and holidays
- **Senior Coaching** in the day all year round and evenings in the summer

Membership rates (per yr): Juniors £22, Seniors £45 and Families £85 (+joining fees)

See www.shalfordtennisclub.co.uk

Junior Coaching Application Form

Please fill in the spaces and return application slips to Matt Trevail:
24 Tillingbourne Road, Shalford, GU4 8EY (All cheques payable to M.Trevail)

Name:	Date of Birth:
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Address:	
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	Post Code:
<hr/>	
Phone:	E-mail:
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Current School:	Any medical conditions:
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Parent/Guardian:	Emergency number:
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Member? (ü) Yes ÿ or No ý	If No, interested in joining? Yes ÿ or No ý
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Is it ok for your child's picture to be taken for the club website? Yes ÿ or No ý	
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Group:	Day:
<hr/>	
Total Enclosed: £	
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SHALFORD TENNIS CLUB

Junior Tennis Coaching



Summer Term 2007

- Fun games and activities for all abilities 3-16yrs
- Groups on Mondays, Tuesdays and Wednesdays






Matt Trevail Tennis
Phone: 07792 761595
matt@shalfordtennisclub.co.uk
www.shalfordtennisclub.co.uk

The Junior Programme

Please read through the various classes to see which would be the most suitable.

Mini Tennis is specially designed for children under 10, as an exciting introduction to the game. You move up from red to orange to green as you improve your game. In the process, the court size, racket length, ball speed and the length of games all increase until players are ready to move on to the full game of tennis.

Group	Approx Age / Level	Activities
Mini Tennis Tot's	<ul style="list-style-type: none"> Age 3+ (pre-school) Mini Red Level 3 	<ul style="list-style-type: none"> Activities and games to develop the 'FUNdamental' movement and coordination skills to play tennis + hitting that ball! All parents join in!
Mini Tennis Monkeys	<ul style="list-style-type: none"> Age 5+ Mini Red Level 1/2 (Beginners or not playing for long) 	<ul style="list-style-type: none"> Key skills as above, but also working on basic shot technique How to play a real match 
Mini Tennis Pro's	<ul style="list-style-type: none"> Age 6+ Mini Orange Level (Players hit the ball confidently over net) 	<ul style="list-style-type: none"> Practicing all previous skills and moving onto using a wider range of shots Rallying and playing matches Basic tactics of tennis 
Mini Tennis Masters	<ul style="list-style-type: none"> Age 8+ Mini Green Level (Experienced with prior tennis skills) 	<ul style="list-style-type: none"> More advanced physical & tennis skills Graduates to full court matchplay Develop a range of shot techniques 

Development Squad 1	<ul style="list-style-type: none"> Age 9+ Players with full game experience 	<ul style="list-style-type: none"> Refining shots technique and tactics work The singles and doubles game Physical conditioning for tennis
Development Squad 2	<ul style="list-style-type: none"> Age 10+ Slightly older improver players 	<ul style="list-style-type: none"> Refining shots technique and tactics work The singles and doubles game Physical conditioning for tennis
Performance Squad	<ul style="list-style-type: none"> Age 13+ Top club juniors and team players 	<ul style="list-style-type: none"> Refining personal technique Use of power, spin and tactics Game strategies, styles and mental skills Physical conditioning for tennis

The Groups

Group	Days and Times	Members / Non-Members
Mini Tennis Tots	Wednesdays 2-2:45pm	£60 / £72
Mini Tennis Monkeys	Mondays 3:45-4:40pm or Wednesdays 4:15-5:10pm	£72 / £84
Mini Tennis Pro's	Tuesdays 4-4:55pm or Wednesdays 5:15-6:10 pm	£72 / £84
Mini Tennis Masters	Mondays 4:45-5:40pm	£72 / £84
Development Squad 1	Tuesdays 5-6:30pm	£108 / £120
Development Squad 2	Mondays 5:45-6:55	£90 / £102
Performance squad	Mondays 7-8:30pm	£108 / £120

Additional Information:

- All courses run for 12 weeks from 16th April – 11th July (not half-term).
- Additional fee for non-members goes to Shalford Tennis Club, although all juniors are eligible for membership at £22/year (+ £10 initial joining fee).
- Any sessions lost due to bad weather will result in make-up sessions at the end of term after the initial 12-week period.
- Each session has minimum and maximum number of players, dependant on coaches available. Parents will be contacted if places are unavailable.
- Players will need to bring a racket, suitable clothing/footwear and a drink (some rackets are available if specifically requested in advance).



Matt Trevail Tennis

Matt takes the coaching with assistants and cover coaches when required.

He has been coaching for over 7 years and is an LTA Level 2 (CCA) Licensed Coach, with a degree in Sports Science. He is also CRB and first aid certified.

For all enquiries (including private coaching) call: 07792 761595

E-mail: matt@shalfordtennisclub.co.uk or visit: www.shalfordtennisclub.co.uk

